



DISCLAIMER

The prospectus is aimed at providing information to those seeking admission in Institute of Allied Health Sciences, Wah Medical College for offering all degrees in institute. The information provided is subject to change / updation as per policy of Autonomous Bodies & this institute without any notice or obligation. The right of Institute of Allied Health Sciences, Wah Medical College to alter terms and conditions given in this prospectus at any time cannot be challenged in any court of law.



INSTITUTE OF ALLIED HEALTH SCIENCES

WAH MEDICAL COLLEGE, WAH CANTT

(A PROJECT OF POF WELFARE TRUST)

PROSPECTUS 2023-24

Institute of Allied Health Sciences, Wah Medical College, The Mall, Wah Cantt.

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QUAID'S MESSAGE TO STUDENTS



"You must devote yourself wholeheartedly to your studies, for that is your first obligation to yourself, your parents and to the state. You must learn to obey, for only then you can learn to command."

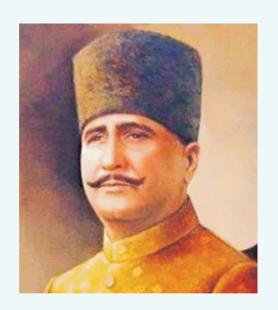
Address at: Islamia College Peshawar 12th April, 1948





ALLAMA IQBAL'S MESSAGE

یمی آئین قدرت ہے یمی اسلوب فطرت ہے جو ہے راہ عمل میں گامزن محبوب فطرت ہے دکھا وہ نُسن ِ عالم سوز اپنی چینم پُرنم کو جو تڑیا تا ہے بروانے کو رُلاتا ہے شبنم کو محبت کے شرر سے دل سرایا نو رہوتا ہے ذرا سے بیج سے پیدا ریاض طور ہو تا ہے شرابِ روح برور ہے محبت نوع انسال کی سکھایا اس نے مجھ کومست ، بے جام وسبو رہنا محبت ہی سے یائی ہے شفا بیار قوموں نے کیا ہے اپنے بخت خفتہ کو بیدار قوموں نے اقبال



MESSAGE FROM THE PRINCIPAL

President, Project Management Board (Wah Medical College)



Wah Medical College, by the grace of Almighty Allah, has started Institute of Allied Health Sciences, Wah Medical College in Wah Cantt. Wah is known for its high quality education in various fields.

Medical Technology profession has evolved dramatically since its inception. The diverse role of Technicians in the modern world demands that they must be fully conversant with clinical competencies expertise along with management skills. Continuous professional development (CPD) is the need of the hour. It is, therefore, imperative that such innovations are regularly learnt, reviewed and updated. Technicians need to ensure commitment for humane and thoughtful application of resources to achieve quality patient care.

There is a grave national level deficiency of qualified technicians. Medical Technology profession of Pakistan has gradually evolved and developed in to a dynamic source of Technicians practices by adopting latest advances with available resources. There is no doubt that Technicians play a pivotal role in delivering healthcare. They are advocates for health promotion. Technicians have always been at the forefront of change in healthcare.

The missionary spirit and the nobility of our profession are the guiding principles for all of us and we should never forget these. I wish all the students of Institute of Allied Health Sciences, Wah Medical College every success in their professional and personal life.

We feel happy to convey that very soon the Institute will launch a B.Sc. (Hon) Program in different technologies as well.

Maj Gen Prof. Abdul Khaliq Naveed (Retd), Hi (M) MBBS, M.Phil, FCPS, FRCP, FNAMS, CHPE, PhD Principal Wah Medical College

MESSAGE FROM THE PRINCIPAL IAHS, WMC



Health profession is not only a profession but a dedication of commitment and zealous approach for solving the problems of humanity regarding primary, secondary and tertiary health care.

I am honored and feel very privileged to be the Principal of Institute of Allied Health Sciences, Wah Medical College. I have always been excited and look forward to working with our health professionals to-be, which is a dire need of Pakistan. My commitment to our country is to lead the Institute with enthusiasm and passion to enable us to reach our goals / mission / vision. I have an open-door policy and urge all concerned to take this opportunity to discuss any issue with me so that we can move forward together.

We truly have a fantastic, compatible, comprehensive and mission-oriented Institute of Allied Health Sciences with a support of POF welfare Trust and Wah Medical College's professional community, excellent infrastructure and dedicated administrative staff to work with.

May Allah keep all of us and our well-wishers under the umbrella of His blessings, safety and prosperity.

Best of Luck with your future assignments.

Brig. Dr. Ghulam Mustafa (Retd)
MBBS, MPH, MSC (Hospital Administrations,
Dip Disaster Mgt (USA) Health Security (Germany)
MSPCW (OPCW-Holland)

VISION

To be the best Medical University by conducting world-class Bio Medical Research and creative research activities that develop knowledge and contribute to improve the health care system and social advancement for the people of Pakistan and benefit humanity as a whole with a standard of excellence.

MISSION

Our Mission is to emphasize rigorous research fundamentals while stimulating innovation and providing talented students and faculty with the high standard research facilities in the colleges/institutions of NUMS, necessary to achieve excellence in Bio Medical Research to contribute toward best care for our individuals and communities, embraces the challenges of health disparities and improve health care system up to international standards.

OBJECTIVES

- To produce skilled and professionally sound manpower in preventive, diagnostic, curative and rehabilitative services to community.
- To overcome the shortage of allied health professionals, which is a dire need of Pakistan.
- To inculcate the concept of professionalism, ethics, moral values, physical, mental, social and spiritual health among the students, hence enabling them to heal the ailing community with compassion and sympathetic behavior.

SALIENT FEATURES / STRENGTHS OF INSTITUTE OF ALLIED HEALTH SCIENCES

- A project of POF Welfare Trust.
- Subsidiary of Wah Medical College (WMC).
- Affiliated with National University of Medical Sciences (NUMS), Rawalpindi recognized by HEC, for BS.
- Registered with Federal Board of Intermediate and Secondary Education (FBISE), Islamabad for FSc Lab Technologies.
- A professional, well qualified and dedicated faculty for academics.
- A 645 bedded, fully equipped state of the art POF Teaching Hospital of WMC recognized by PMC and CPSP.
- An excellent skill lab for training.
- The hands on training is also imparted at Izzat Ali Shah Hospital, Wah Cantt.
- Competitive fee structure.
- Excellent Library.
- A conducive academic environment with internet and cafeteria.

WHAT IS ALLIED HEALTH SCIENCES?

Allied Health Sciences encompasses a broad range of health professionals not doctors, dentists, nurses or paramedics. They make a bridge between doctors and paramedics to prevent, diagnose, treat and rehabilitate wide range of conditions and illnesses. Allied health professionals work within a multidisciplinary health team for best patient / outcome.

INSTITUTE OF ALLIED HEALTH SCIENCES - THE RIGHT CHOICE

The Institute of Allied Health Sciences at Wah Medical College is a top-notch institution offering comprehensive allied health programs. With experienced faculty, modern facilities, spacious lecture halls and clinical exposure in laboratory and radiology departments, it prepares students to excel in the healthcare field, making it the right choice for aspiring healthcare professionals.

INSTITUTE OF ALLIED HEALTH SCIENCES, WAH MEDICAL COLLEGE

The Institute of Allied Health Sciences at Wah Medical College is a premier educational institute dedicated to producing skilled and compassionate allied healthcare professionals. Established in 2021, the institute offers a wide array of programs, including F.Sc MLT, F.Sc MIT, Associate degree in blood transfusion medicine, and BS MLT. Situated within the esteemed Wah Medical College campus, the institute boasts state-of-the-art laboratories and advanced equipment, providing students with hands-on training to ensure they are well-prepared for their future careers. The experienced faculty members impart comprehensive instruction, emphasizing both theoretical knowledge and



practical skills. Additionally, the institute fosters a supportive and collaborative learning environment, encouraging students to actively engage in research and community outreach activities. Graduates from the Institute of Allied Health Sciences at Wah Medical College are equipped with the expertise and confidence to make a positive impact in the healthcare industry and contribute significantly to the well-being of their patients.

FUTURE PLAN

It is matter of immense pleasure that in near future, this institute is planning to start following discipline also in addition to that mentioned above

- BS Anesthesia Technology
- BS Cardio Vascular Technology
- BS Emergency Medical Technology
- BS Surgery and Operation Theater Technology

- BS Imaging Technology
- BS Optometry
- Doctor Of Physical Therapy (DPT)
- Doctor Of Pharmacy

ATTACHED HOSPITALS WITH INSTITUTION



Brig Shoaib Azam Malik, Medical Superintendent / Commandant, POF Hospital

The teaching hospitals of Institute of Allied Health Sciences, Wah Medical College are POF Hospital and Izzat Ali Shah Hospital. POF Hospital is a 645 bedded hospital with all allied facilities. It was established in 1962. It has gone through a continuous process of up-gradation and has become one of the leading hospitals in the country, category "A", delivering primary and tertiary medical facilities to the POF employees, their families and the population from the surrounding area. POF Hospital is recognized by the College of Physicians and Surgeons Pakistan (CPSP) & Pakistan Medical Commission (PMC). Izzat Ali Shah Hospital is a 120 bedded hospital which also provides clinical teaching facilities to the students of Institute of Allied Health Sciences.



DEPARTMENTS OF POF HOSPITAL

- Department of Medicine
- Specialized Units like CCU,
 Cardiology, ICU, Nephrology, Dialysis Unit
- Department of Psychiatry
- Department of Paediatrics
- Department of Surgery
- Department of Neuro-Surgery
- Burn Center
- Department of Urology
- Rehabilitation Center
- Department of Radiology
- Department of Obstetrics & Gynecology
- Department of Pathology









TEACHING AND LEARNING STRATEGIES

The faculty members at the Institute of Allied Health Sciences, Wah Medical College practice various modes of delivering curriculum content and assessment which include:

Large Group Interactive Sessions (LGIS)

Small Group Discussion (SGD)

Tutorials

Clinical Conferences

Presentations

Role Play

Concept Mapping

Skills Demonstration

Field Trips

Students` Projects





ASSESSMENT AND EXAMINATION

Internal Assessment:

The continuous internal assessment shall contribute 10% to the total allocated marks for each subject in a professional examination. Awards of internal assessment will be equally distributed to the final theory and oral / practical examinations' score of a candidate and not to an individual component like MCQs, SEQs paper or Oral / Practical / Clinical Examination.

Eligibility of students to appear in University Exams:

- 1. The professional examination shall be open to any student who is certified by the Principal Institute of Allied Health Sciences, Wah Medical College for bearing:
 - a. Good character.
 - b. Having attended not less than 85% of the full course of lectures delivered and practical/tutorial conducted in each subject.
 - c. Having cleared all the outstanding dues.
- 2. However, the students falling short of his / her percentage in attendance may be permitted to appear in the examination if they complete their deficiency through special makeup classes / clinical sessions conducted up to the commencement of the next examination while remaining on the college rolls.

FACULTY

- 1. Principal, Institute of Allied Health Sciences
- 2. Vice Principal
- 3. Regular teaching staff of Institute of Allied Health Sciences



ROLE OF FACULTY

- 1. To provide high quality student -centered learning experience.
- 2. To impart educational excellence through innovative teaching methodology and hands on practical learning techniques.
- 3. To review the curriculum content periodically and apprise the students about its learning outcomes and objectives.
- 4. To give recommendations for upgrading the allied health professional education.

FACULTY OF RADIOLOGY

Sr. No	Name of Faculty Member	Qualification	Teaching Post
1	Dr. Nadia Gul	MBBS,FCPS	Associate Professor & HOD Radiology
2	Dr. Fareeha	MBBS	PGT
3	Ms. Shamsa	BS Hons MIT	Snr Tech
4	Dr. Naveeda Rauf	MBBS,FCPS	Senior Registrar
5	Dr. Rubia Ahmad	MBBS,FCPS	Senior Registrar(IAHS)

DEPARTMENT- F.Sc MEDICAL IMAGING TECHNOLOGY

Programme In charge MIT

Course Coordinators

Lecturers in Medical Imaging Technology

Practical Supervisors



Ms. Zoha Sajjad, Lecturer MIT

Ms. Zoha Sajjad, Lecturer MIT

Ms. Rehana Shaheen, Lecturer Ms. Fatima Aziza, Lecturer

Ms. Ruba Rasool Ms. Iqra Rehman Mr. Ali Ahmed Mr. Amir Munir



FACULTY

Sr. No	Name of Fac ulty Member	Qualification	Teaching Post
1.	Maj. Gen. Abdul Khaliq Naveed HI (M), (Retd)	MBBS, MPhil, FCPS, PhD, FRCP, FNAMS, CHPE	Principal & Professor
2.	Bri g Dr. Ghulam Mustafa (Retd)	MBBS, MPH, MSC (Hospital Admin, Specialization in Community Medicine Dip Disaster Mgt (USA) Health Security (Germany) MSPCW (OPCW-Holland)	Principal/ Director IAHS
3.	Brig (R) Dr. Tariq Masood Malik	MBBS, MCPS, FCPS	Professor & HOD
4.	Dr. Jamila	MBBS, DCP, M. Phil	Professor
5.	Dr. Fozia Noreen	MBBS, FCPS	Assistant Professor
6.	Dr. Lubna Ghazal	MBBS, FCPS	Assistant Professor
7.	Dr. Syed Sarwar Ali	MBBS, FCPS	Assistant Professor
8.	Dr. Tahira Tehseen	MBBS, FCPS	Assistant Professor
9.	Dr. Lubna Ehtizaz	MBBS, M. Phil, CHPE	Assistant Professor
10.	Maj. Dr. Nabeela Khan	MBBS, FCPS	Assistant Professor
11.	Dr. Anika Shaukat	MBBS, MCPS	Senior Lecturer
12.	Dr. Saba Anwar	MBBS, MCPS	Lecturer
13.	Dr. Fareena Asim	MBBS, MCPS	Lecturer
14.	Dr. Hajira Bibi	MBBS	Lecturer

DEPARTMENT - F.Sc MEDICAL LAB TECHNOLOGY

Vice Principal/ IAHS Ms. Uroosa Zakir

Program In-charge Ms. Shifa Aziz, Assist Prof. MLT

Course Coordinator Ms.Fatima Aziza, Lecturer MLT

Lecturers in Medical Lab Technology Dr. Fareena Asim

Dr. Saba Anwar

Dr. Anika Shaukat

Dr. Hajira Bibi

Practical Supervisors Mr. Muhammad Zia

Mr. Ehsan Ullah

Mr. Surtaj

Ms. Rumana Sattar

Mr. Muhammad Manzoor



DEPARTMENT - BS MEDICAL LAB TECHNOLOGY

Program In-charge Dr. Shahid Aziz, Assist Prof. MLT

Course Coordinator Ms.Fatima Aziza, Lecturer MLT

Lecturers in Medical Lab Technology Dr. Fareena Asim

Dr. Saba Anwar

Dr. Anika Shaukat

Dr. Hajira Bibi

Practical Supervisors Mr. Muhammad Zia

Mr. Ehsan Ullah

Mr. Surtaj

Ms. Rumana Sattar

Mr. Muhammad Manzoor



ASSOCIATE DEGREE IN BLOOD TRANSFUSION MEDICINE

Program in-charge Dr. Sarwar Ali

Course Coordinator Ms. Rehana Shaheen

Lecturers in AD-BTM Dr. Fareena Asim

Dr. Saba Anwar

Dr. Anika Shaukat

Dr. Hajira Bibi

Practical Supervisor

Mr. Muhammad Zia



ADMISSION PROCEDURE

Applications for admission to the F.Sc. MIT, MLT, BS MLT & AD-BTM are invited through advertisement in leading national dailies well before the start of academic session. Applications are accepted as per published admission schedule (also available at Institute of Allied Health Sciences, Wah Medical College website).

The institute Prospectus & Admission processing fee are Rs. 2000/-. It may be obtained from the Institute of Allied Health Sciences office on cash payment in person. This amount will be paid to any branch of Bank Alfalah in Pakistan. Details are as under:

Account Title: Institute of Allied Health Sciences, WMC

Account No: 0990-1008036219

Branch Code: 0990

IBAN: PK27ALFH0990001008036219

SWIFT CODE: ALFHPKKA

Branch Address: Bank Alfalah, Wah Medical College, Wah Cantt

Duly filled application form including the attested documents specified in eligibility criteria and the original paid receipt of bank for application processing fee should be posted by registered mail or through a reliable courier service or delivered in person to the institute office at Institute of Allied Health Sciences, Wah Medical College from Monday to Friday between 0800hrs to 1500hrs only.

The procedures are approved by the Board of Management of the Institute; relative percentage of all the aforementioned merit components will be taken into consideration for composing a merit list. The decisions about selection are irrevocable and non-negotiable. The institute is not bound to give reasons for its decision to the applicants, their parents, guardians or supporters.

FEE STRUCTURE OF IAHS, WMC DEGREES

For fee details, consults Institute of Allied Health Sciences Website: www.iahswmc.edu.pk

ACADEMIC CALENDER

Admission in FSc MIT, FSc MLT, BS MLT & AD-BTM

a. Advertisement
b. Entry Test
c. Final Selection
d. Commencement of class

As per schedule
As per schedule
As per schedule
As per schedule

ADMISSION CRITERIA FOR FSc MIT, FSc MLT, BS MLT & AD-BTM Eligibility for Admission

60 students each will be enrolled for Fsc MIT & Fsc MLT,

- 40 students for BS MLT & 50 Students for AD-BTM.
- Matric science with at least 50% marks in subjects (as per FBISE requirements) for FSc MIT & MLT.
- F.Sc (Pre-Medical) or Fsc MLT with at least 50% marks in subject for BS MLT & AD-BTM.
- Both female and male Pakistani candidate are eligible to apply.
- Passing the entrance test and interview.
- Admission will be made on merit as per following weightage for FSc MIT & MLT:

Matric / Equivalent 40%
Entry Test 40%
Interview 20%

Admission will be made on merit as per following weightage for BS MLT & AD-BTM:

Matric / Equivalent 10%
F.Sc. / Equivalent 40%
Entry Test 40%
Interview 10%

Confirmation of Admission

Student will be confirmed about their admission within 10 days after test and interview.

HOSTEL/TRANSPORT/CAFETERIA

Institute of Allied Health Sciences, Wah Medical College has separate Girls and Boys Hostels (subject to availability of rooms) with hygienic living and catering services. The Girls Hostel is supervised by a lady warden. There are round the clock security arrangements.

The Institute has an excellent fleet of vehicles for pick-and-drop of students & faculty members from the twin cities of Rawalpindi and Islamabad. There is a beautiful Masjid in the premises of the Wah Medical College.

The premises have cafeterias and several tuck shops where students and faculty can get food items.





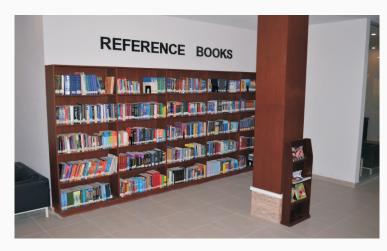


ON-CAMPUS FACILITIES

Classroom and Laboratories

All the classrooms are equipped with multimedia and white board. The Institute provides necessary comfort to make the environment conducive to learning. In addition to the classrooms, there are separate and shared facilities which are:

Department of Radiology
Laboratory of Bio-chemistry
Laboratory of Microbiology
Laboratory of Hematology
Chemical Laboratory
Anatomy Museum
Skill Laboratory
Demonstration / Tutorial Rooms
Computer Laboratory
English Language Laboratory
Library









OTHER FACILITIES

HEALTH CARE SERVICES

Medical care facilities are provided to Faculty, Staff & Students under arrangements of IAHS, WMC. The outdoor treatment is free of cost and the finances for indoor treatment are being sponsored by Wah Medical College.

RECREATIONAL FACILITIES

IAHS has different recreational facilities such as a cricket / football ground, badminton facility and walking / jogging track in WMC. Female students are provided with equal opportunities in games like table tennis and badminton.

SECURITY/ MASJID/CAFETERIA

There are round the clock security arrangements for IAHS and WMC. There is a beautiful Masjid in the premises of the WMC along with a cafeteria with a variety of food items.





EXTRA CURRICULAR ACTIVITIES

Institute of Allied Health Sciences has different recreational facilities such as tennis, cricket ground, walking / jogging tracks etc. Female students are provided with equal opportunities in games like table tennis and badminton. Institute of Allied Health Sciences arranges picnics and recreational trips for all students as per academic year plan.

- Sports Week
- Cultural Day Celebration













UNIFORM

Girls	Boys
 White, knee long, full sleeves shirt with collar. White shalwar. Dupatta Colors F.Sc 1^{ath} Year (White) F.Sc 2^{ndh} Year (Navy Blue) BS MLT (Grey) AD BTM (White) Head should be kept covered. White overall with three pockets, one on chest and two on sides. Neatly tied hair using black ponies / pins. Makeup and ornaments are not allowed. Black closed shoes (Moccasins) with broad heel less or equal to 1 and ½ inch with black socks (Court shoes are not allowed). ID card should be displayed on pocket Blue Sweater "V" neck. (in Winter) Blue Blazer single breasted (optional)(in Winter) 	 White, full sleeves dress shirt with collars. Trouser (wrinkle free) with two pleats, folded hemline. F.Sc 1st year (Grey Trouser) F.Sc 2nd year (Black Trouser) BS MLT (Grey Trouser) AD BTM (Grey Trouser) Black leather belt with silver plain buckle, 1 and ½ inch broader. White overall with at least three buttons. There should be four pockets two on front and two on sides. Black closed, broad toe shoes (pointed shoes are not allowed). ID card should be displayed on right side chest pocket. Black Necktie Blue Sweater "V" neck.(in Winter) Blue Blazer single breasted (optional).(in Winter)

ENTRY TEST PAPER FOR F.Sc. MIT / MLT

Section	Subjects	No. of Questions
I	Biology	10
II	Chemistry	10
III	Physics	10
IV	English	05
V	Mathematics	05
Total		40

ENTRY TEST PAPER FOR BS MLT & AD-BTM

Section	Subjects	No. of Questions
I	Biology	10
II	Chemistry	10
III	Physics	10
IV	English	10
Total		40

NOTE

- No negative marking.
- Total time: 90 mins
- Each section has specific number of questions.



